



Restore.

**Developing confidence is the gateway to recapturing our life.**

When the choices we make consistently hold back our progress, seek the guidance of a professional.

Rolling Hills Hospital offers behavioral healthcare and chemical dependency services in a compassionate hospital setting with a variety of effective programs to best suit each patient's needs. Our state-of-the-art facility is designed to provide patients and staff with a safe, healing environment.

For more information, call 615.628.5700, or visit [www.RollingHillsHospital.org](http://www.RollingHillsHospital.org). For immediate help, call 1.800.832.0388.



ROLLING  
HILLS  
HOSPITAL

The staff of **Rolling Hills Hospital** believe in and strive to maintain a total therapeutic environment through an individualized treatment approach for each patient and family. Each program is designed to provide services appropriate to the scope and level of care required by the patient population served.

Comprehensive treatment-oriented activities are provided by a multi-disciplinary staff. Clinical staff provide group therapy, family therapy and activity therapy. All clinical services are delivered by qualified professional staff including, but not limited to, psychiatrists, registered nurses, licensed practical nurses, mental health workers,

clinical social workers, a dietitian, pharmacist, substance abuse counselors, and certified activity therapists. Clinical services that are not available within the facility may be provided through referral, consultation or contractual agreements with professionals and other health care facilities.

The goal of treatment is to promote the highest level of functioning for each patient with emphasis on individual, group and family therapy provided at the least restrictive level of care. The patient's symptoms, strengths, family supports and discharge needs provide the basis for care from admission to discharge.

#### **ADULT DUAL DIAGNOSIS PROGRAM**

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The Adult Dual Diagnosis Program is designed for the treatment of patients, ages 18 or older, with a significant addictions condition with or without a co-occurring mental health condition that meet criteria for medically supervised inpatient treatment. Patients who are so medically fragile that their safety demands treatment in a medical/surgical setting, or who are so mentally impaired that they

cannot reasonably benefit from treatment, or who meet the criteria for treatment in a lesser restrictive setting may be excluded. The program operates 24 hours per day, seven days per week, in an acute care setting, in a 12-bed unit. Areas of care provided by identified service providers are the same as for the Adult Psychiatric Program with the following additions:

##### AREA OF CARE

Medically manages detoxification  
Chemical Dependency Assessment  
Individual/Family/Group Therapy

##### SERVICE PROVIDERS

Physicians, Registered Nurses  
Counselors, Registered Nurses, Social Workers  
Social Work Services, Nurses, and MHTs

**615.628.5700** MAIN

**1.800.832.0388** RESPOND

You can contact a Respond Intake Clinician  
24 hours a day, 7 days a week for an Intake or Referral.



2014 QUAIL HOLLOW CIRCLE  
FRANKLIN, TN 37067

[www.RollingHillsHospital.org](http://www.RollingHillsHospital.org)