



# Resume.

**Life's journey does not always lead us down the path of least resistance.**  
When faced with circumstances too daunting to overcome, seek the guidance of our professionals.

Rolling Hills Hospital offers behavioral healthcare and chemical dependency services in a compassionate hospital setting with a variety of effective programs to best suit each patient's needs. Our state-of-the-art facility is designed to provide patients and staff with a safe, healing environment.

For more information, call 615.628.5700, or visit [www.RollingHillsHospital.org](http://www.RollingHillsHospital.org). For immediate help, call 1.800.832.0388.



ROLLING  
HILLS  
HOSPITAL

The staff of **Rolling Hills Hospital** believe in and strive to maintain a total therapeutic environment through an individualized treatment approach for each patient and family. Each program is designed to provide services appropriate to the scope and level of care required by the patient population served.

Comprehensive treatment-oriented activities are provided by a multi-disciplinary staff. Clinical staff provide group therapy, family therapy and activity therapy. All clinical services are delivered by qualified professional staff including, but not limited to, psychiatrists, registered nurses, licensed practical nurses, mental health workers,

clinical social workers, a dietitian, pharmacist, substance abuse counselors, and certified activity therapists. Clinical services that are not available within the facility may be provided through referral, consultation or contractual agreements with professionals and other health care facilities.

The goal of treatment is to promote the highest level of functioning for each patient with emphasis on individual, group and family therapy provided at the least restrictive level of care. The patient's symptoms, strengths, family supports and discharge needs provide the basis for care from admission to discharge.

**ADULT PSYCHIATRIC PROGRAM**

The adult psychiatric program is designed for the treatment of patients, ages 18 and over, with primary psychiatric diagnoses. Some patients may have a secondary substance abuse diagnosis who meet the criteria for

medically supervised in-patient treatment. The program is based in an acute-care setting in a 27-bed unit, and is in operation 24 hours per day, seven days per week.

<u>AREA OF CARE</u>	<u>SERVICE PROVIDERS</u>
Psychiatric Evaluation .....	Psychiatrists
Psychosocial Assessment .....	Social Work Services Staff
Nursing Assessment .....	Registered Nurses
History and Physical Exam .....	Physicians
Medical/Surgical Consults .....	Physicians
Dietary Consults .....	Registered Dietitian

**The following patients are excluded:**

1. Primary diagnosis of addictive disease.
2. Disorders caused by chronic organic brain dysfunction.
3. Behavioral, cognitive and/or physical impairment which would render the patient unable to function at a minimally acceptable level within the treatment program, such as a medically unstable patient whose safety requires treatment in medical-surgical hospital.
4. Those who meet criteria for less restrictive treatment.
5. Patients requiring total physical care.
6. Presence of delirium as manifested by an acute change in mental status without previous documented history of mental illness.

**615.628.5700** MAIN

**1.800.832.0388** RESPOND

You can contact a Respond Intake Clinician  
24 hours a day, 7 days a week for an Intake or Referral.



2014 QUAIL HOLLOW CIRCLE  
FRANKLIN, TN 37067

[www.RollingHillsHospital.org](http://www.RollingHillsHospital.org)