



*Open since January 2009, Rolling Hills Hospital is located in Franklin, TN. The 80 beds for acute psychiatric and chemical dependency services are housed in a 65,000 square foot state of the art building located at 2014 Quail Hollow Circle Franklin, TN 37067. Rolling Hills Hospital offers the following:*

#### **ADOLESCENT TREATMENT PROGRAM**

The adolescent program is designed for the treatment of patients, ages 13 to 18, with primary psychiatric diagnoses who meet the criteria for medically-supervised, inpatient acute treatment. Areas of care include: Psychiatric Evaluation, Psychosocial Assessment, Nursing Assessment, History & Physical Exam, Medical / Surgical Consults, Dietary Consults, Speech, Language & Hearing Testing and Development History.

#### **ADULT PSYCHIATRIC PROGRAM**

The adult psychiatric program is designed for the treatment of patients, ages 18 and over, with primary psychiatric diagnoses. Some patients may have a secondary substance abuse diagnosis who meet the criteria for medically supervised in-patient treatment. Areas of care include: Psychiatric Evaluation, Psychosocial Assessment, Nursing Assessment, History & Physical Exam, Medical / Surgical Consults and Dietary Consults.

#### **ADULT DETOX PROGRAM**

The adult detox program is designed for the treatment of patients, ages 18 and older, with a substance abuse disorder with or without a co-occurring mental health condition that meet criteria for medically supervised inpatient detox treatment. Areas of care include: Psychiatric Evaluation, Psychosocial Assessment, Nursing Assessment, History & Physical Exam, Medical / Surgical Consults and Dietary Consults, along with medically managed detoxification, Chemical Dependency Assessment and Individual / Family / Group Therapy.

#### **ADOLESCENT RESTORE HOPE PROGRAM**

#### **ADULT RESTORE HOPE PROGRAM**

The adolescent and adult programs are designed for the treatment of patients, age 13-18 and 18 and over with a substance abuse disorder with or without a co-occurring mental health condition. Patients who meet the criteria for medically supervised inpatient treatment are delivered services through a continuum approach within a highly structured setting. Areas of care include: Groups and Therapy Sessions (*Didactic Groups, Individual Counseling, Psychosocial Peer Group, Music Therapy, Activity Therapy, and Experiential Therapy*) that are interspersed with recreational and personal growth activities (*Therapeutic Recreation and Trust Building*), Educational Support (*Adolescent Restore Hope Program only*), an Intensive Family Weekend and Psychiatric Care.

#### **OLDER ADULT TREATMENT PROGRAM**

The adult psychiatric program is designed for the treatment of patients, ages 65 and over, with primary psychiatric diagnoses. Areas of care include: Psychiatric Evaluation, Psychosocial Assessment, Nursing Assessment, History & Physical Exam, Medical / Surgical Consults and Dietary Consults.

***Rolling Hills Hospital Respond provides 24 hour, 7 day a week, free confidential comprehensive assessments and referral assistance for psychiatric and chemical dependency problems.***

***Contact Respond at 1.800.832.0388 for further information.***



**PATIENT CODE NUMBER**

*The patient can release this code to family and/or friends whom they wish to contact them and get updates during their stay at Rolling Hills. Without this patient code, access to the patient will be denied due to confidentiality.*

**VISITATION HOURS**

**Adolescent Unit:**

Sunday..... 1:00 PM - 1:45 PM  
NURSES' STATION PHONE ..... 615.628.5759

**Older Adult / Geriatric Unit & Co-occurring:**

Sunday..... 2:00 PM - 2:45 PM  
NURSES' STATION PHONE ..... 615.628.5772

**Intensive Treatment Program—ADULT:**

ADULT I Sunday..... 4:00 PM - 4:45 PM  
(pending Doctor's permission)  
NURSES' STATION PHONE ..... 615.628.5753

**General Psychiatric Unit—ADULT:**

ADULT I Sunday..... 3:00 PM - 3:45 PM  
NURSES' STATION PHONE ..... 615.628.5766

- All visitors are asked to arrive **15 minutes** prior to the scheduled visitation times to check in at the front desk. There is a **limit of 4 visitors** as designated by the patient. 2 visitors will visit a patient at a time. For reasons of safety visitation is limited to persons age 12 and older.
- The visitation right may be restricted based on infringement of others rights, safety, or is medically or therapeutically contraindicated.
- Please do not make incoming calls to Adult patients, as they will be able to make 2 personal calls during designated times.
- To help assure a safe environment for treatment, no food or contraband are allowed in the hospital setting. Cell phones and cameras are not allowed due to patient confidentiality.
- Visitors are asked to leave all personal items in their vehicle. Purses, billfolds, pocket knives, cigarettes, lighters, keys, flowers, candy, and stuffed animals are not allowed.

At Rolling Hills Hospital, we have a responsibility to provide a safe environment. Therefore, there are certain items that cannot be allowed on the inpatient units; we ask that you leave these items at home. There are items we encourage our patients to bring to promote a more comfortable stay. Lists of both acceptable and unacceptable items are below. As with all elements of your stay, Rolling Hills Hospital staff is available to assist you with this process. If there are items you are unsure of, a staff member will let you know whether or not it is an acceptable item.

#### ENCOURAGED ITEMS\*

No items should contain string or rope-like materials

- Comfortable clothes, ex. sweat shirt / pants (*pack for a 3 day stay, washer / dryer available*)
- Night clothes
- Comfortable slippers or shoes (*preferably slip-on*)
- A journal (*no metal rings please*), books or magazines
- Personal hygiene items, ex. toothbrush, toothpaste, shampoo, deodorant, comb
- Safe Items that will provide you comfort, ex. picture of a loved one (*no glass or frame*)
- Insurance Card, Drivers License or proof of identification, and Social Security Card

#### UNACCEPTABLE ITEMS\*

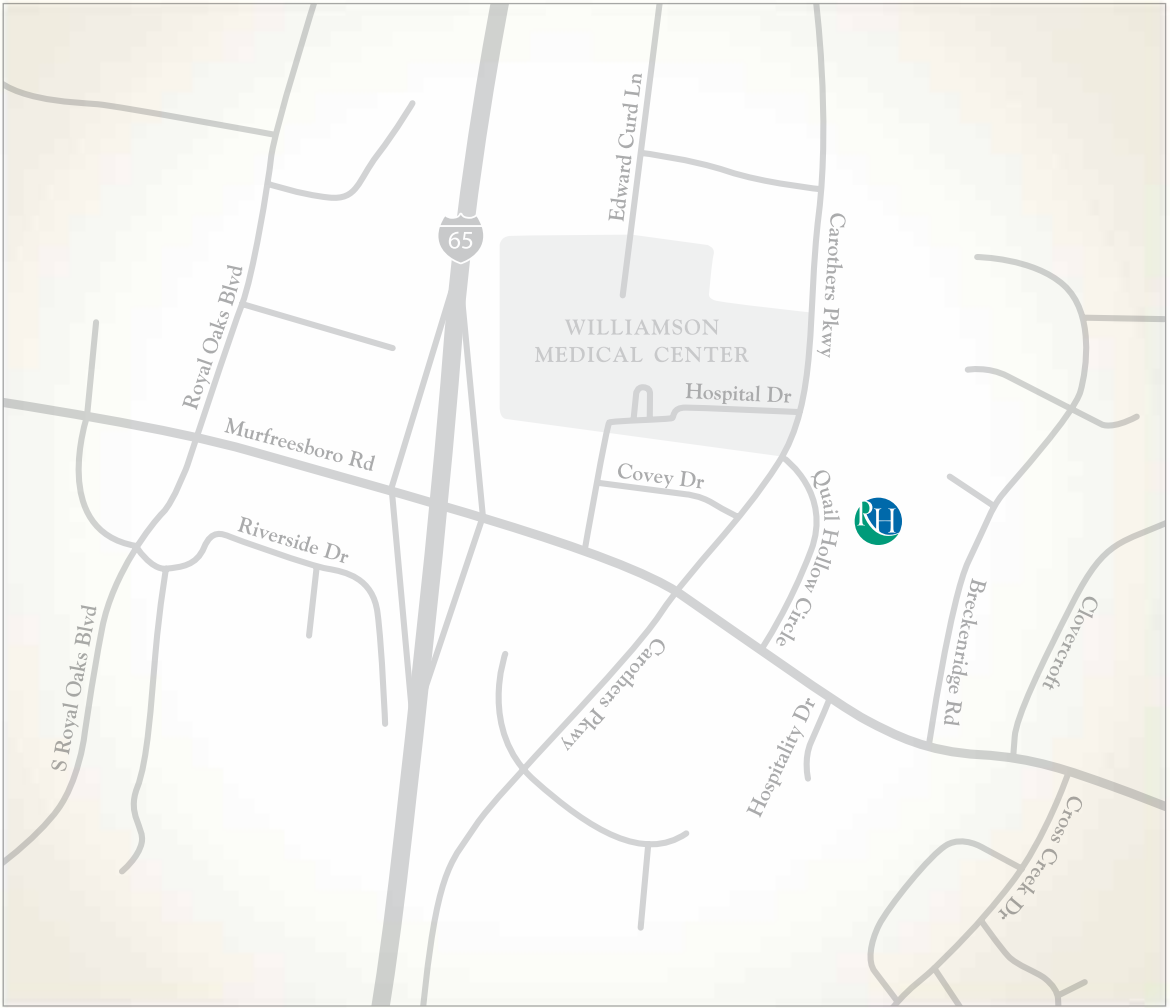
These items will not be accepted and are encouraged to be left at home. If any of these items are brought to the hospital, they will be removed and placed in a secure area until patient is discharged. This list includes, but is not limited to:

- Shoes with shoe laces
- Belts
- Spiked heels or boots (*steel toe, metal tips etc.*)
- Knives, fingernail files, nail clippers, scissors or strait edge razors (*any items with sharp points*)
- Needles or pins
- Aerosol spray cans
- Hair dryers & curling Irons
- Glass objects, such as mirrors, glass bottles & vases (*eye glasses are OK*)
- Musical Instruments
- Any Electrical equipment with a cord
- Laptops / computer equipment
- Radios / CD / DVD / MP3 Players
- Tape recorders / cameras
- Jewelry is encouraged to be left at home
- Body piercings need to be taken out
- Alcohol based cleaners (*mouthwash, astringent*)
- Make-up in glass containers
- Cigarettes, cigars and lighters / matches
- Drug paraphernalia
- Money
- Cell phone
- Car keys
- Firearms and / or ammunition
- Blankets / pillows / stuffed animals

\* All information provided above is evaluated on a case by case basis and subject to change.

**Rolling Hills Hospital is not responsible for misplaced valuables.**

If you have any questions please call 615.628.5700.



**ROLLING  
HILLS  
HOSPITAL**

2014 Quail Hollow Circle

Franklin, TN 37067

615.628.5700 MAIN

[www.RollingHillsHospital.org](http://www.RollingHillsHospital.org)



ACCREDITED BY THE  
JOINT COMMISSION

